

Tips for completing the RACGP QI&CPD Individual Active Learning Module (ALM) form

Here are some suggestions to help you complete the application form for 40 category 1 points as a self-directed activity under the RACGP QI&CPD program.

In addition to these suggestions please remember to complete all the appropriate sections that are specific to your personal details and your learning needs and experience.

Form page number	Section	Suggestions for completing section
Page 1	Checklist	All options are applicable
Page 2	<p>Activity details - title</p> <p>Delivery mode</p> <p>URL</p> <p>Total hours of educational content</p> <p>Activity summary</p>	<p>GP Active Learning Module - Fall Prevention in Older People 65 Years and Over</p> <p>e learning</p> <p>http://www.fallspreventiononlineworkshops.com.au/courses/gp-active-learning/</p> <p>6 hours</p> <p>This Active Learning Module focused on preventing falls in older people following the iSOLVE decision tool: patient fall risk screening, GP fall risk assessment, tailoring of interventions to fall risk factors and patient follow-up.</p> <p>The Active Learning Module covered the importance of preventing falls in older people, addressing barriers to fall prevention, referral strategies, and integrating fall prevention in clinical practice.</p> <p>A series of interactive case studies was used to demonstrate how to identify risk factors, how to tailor fall management for patients, and examples of the roles of health professionals in fall prevention.</p> <p>The Active Learning Module also contained assessment quizzes to reinforce learning and additional resources to facilitate implementation of fall prevention in routine practice.</p> <p>The iSOLVE decision tool and resources were developed based on evidence, specifically: Cochrane Review (Gillespie et al (2012). Interventions for preventing falls in older people living in the community. Cochrane Database of Systematic Reviews. doi: 007110.001002/14651858.CD14007146.pub14651853) and the Royal Australian College of General Practitioners (RACGP) guidelines for preventive activities in general practice.</p>

Tips for completing the RACGP QI&CPD Individual Active Learning Module form (continued)...

Form page number	Section	Suggestions for completing section
Page 3	Learning outcomes and reflection - What did you hope to gain as a result of participating in this activity?	<ul style="list-style-type: none"> • Appraise the importance of falls and fall prevention • Learn to effectively identify and screen for fall risk factors • Understand the role of allied health professionals in fall prevention • Learn to tailor evidence-based management options to enhance fall prevention recommendations to patients • Plan how to integrate the iSOLVE decision tool within the GP practice workflow or system
Page 4	Domains of general practice	CS 1.1.1 CS 2.2.8 CS 3.1.1 CS 4.2.3
Page 5	Curriculum Contextual units Populations Other – please supply further information	C016 Care of older people Preventive medicine, fall prevention
Page 7	Additional information – acceptable evidence	Certificate of completion/ attendance Copy of activity program

Your completed submission can be emailed, faxed or posted to your [local QI&CPD office](#).