



## EXTERNAL TRAFFICWAYS

### GATES

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Difficult to open/close
  - ☐ Slippery surface near gate
  - ☐ Uneven surfaces near gate
  - ☐ Deep steps near gate
  - ☐ Poor visibility at steps near gate
  - ☐ Other:

### PATHWAYS / DRIVEWAYS

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Slippery surfaces
  - ☐ Uneven/loose surfaces
  - ☐ Narrow
  - ☐ Steep gradient
  - ☐ Obstructions on pathways
  - ☐ Poor visibility
  - ☐ Other:

### STEPS

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Slippery surfaces
  - ☐ Uneven surfaces
  - ☐ Steps too high/uneven heights
  - ☐ Deep tread
  - ☐ Narrow stairway
  - ☐ Obstacles
  - ☐ Poor visibility
  - ☐ Other:

### RAMPS

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Irregular ground surfaces
  - ☐ Obstructions
  - ☐ Slippery surfaces
  - ☐ Unstable
  - ☐ Poor visibility
  - ☐ Steep gradient
  - ☐ Other:

### HAND RAILS – ACCESS (external steps and ramps)

	Not relevant	No hazard	Not present	Inadequate position	Inadequate angle	Inadequate diameter	Inadequate length	Not secure	Poor condition	Other:
Steps										
Ramps										

### ICE / SNOW ON WALKWAYS

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Slippery
  - ☐ Difficulty to see / manoeuvre
  - ☐ Footwear inadequate grip

## LAWNS / GARDENS / GROUNDS

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Irregular ground surfaces
  - ☐ Obstacles
  - ☐ Slippery surfaces
  - ☐ Irregular lawn surface
  - ☐ Steep gradient or lawn
  - ☐ Large lawn
  - ☐ Access to equipment
  - ☐ Tools hard to use
  - ☐ Other:

### GARAGE

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Poor access
  - ☐ Untidy
  - ☐ Inadequate lighting
  - ☐ Access to car
  - ☐ Other:

### DOORMAT

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Curled edges
  - ☐ Worn areas
  - ☐ Slippery
  - ☐ Other:

### DOOR OPENING

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ No landing for outward opening doors
  - ☐ Stiff/ heavy doors
  - ☐ High lock
  - ☐ Multiple locks/difficult door handle
  - ☐ Threshold
  - ☐ Other:

### NIGHTLIGHTING

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Not present
  - ☐ Steps/pathways not illuminated
  - ☐ Does not eliminate dark, shadowy areas
  - ☐ Other:

## GENERAL INDOORS

### LIGHTING

- Hazards:
- ☐ Not relevant ☐ No hazard
  - Time observed:
    - ☐ A.M
    - ☐ P.M

	OT observation	Client self-report
Dark / dim		
Shadowy		
Abrupt changes		
Glare		
Other:		

### TIDINESS / CLEANLINESS

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Clutter
  - ☐ Spills on floor
  - ☐ Other:

## CLEANING EQUIPMENT

- Hazards: ☐ Not relevant ☐ No hazard
- ☐ Access
- ☐ Ease of use
- ☐ Other:

## IRONING AREA

- Hazards: ☐ Not relevant ☐ No hazard
- ☐ Difficulty setting up ironing board
- ☐ Other:

## TELEPHONE

- Hazards: ☐ Not relevant ☐ No hazard
- ☐ Access
- ☐ No sitting area
- ☐ Access to phone books
- ☐ Other:

## HEATERS / FANS

- Hazards: ☐ Not relevant ☐ No hazard
- ☐ Access
- ☐ Difficulty switching on/off
- ☐ Inadequate heating
- ☐ Other:

## COMMONLY OPENED WINDOWS/CURTAINS/SHADES

- Hazards: ☐ Not relevant ☐ No hazard
- ☐ Difficult to open/close
- ☐ Access
- ☐ Other:

## REACHING FOR HIGH PLACES

- Hazards: ☐ Not relevant ☐ No hazard
- ☐ Unsafe when reaching
- ☐ Inaccessible storage of used items
- ☐ Unsafe when climbing
- ☐ Unstable furniture / equipment used
- ☐ Other:

## INTERNAL TRAFFICWAYS

### FLOORS & FLOOR COVERINGS

- Hazards: ☐ Not relevant ☐ No hazard
- ☐ Slipperiness
- ☐ Slippery when wet
- ☐ Worn/loose areas or edges
- ☐ Changes in patterns & textures
- ☐ Other:

### FLOOR MATS

- Hazards: ☐ Not relevant ☐ No hazard
- ☐ Small & lightweight
- ☐ Slippery
- ☐ Loose
- ☐ Curled edges
- ☐ Other:

### LIGHT SWITCHES / POWER POINTS

- Hazards: ☐ Not relevant ☐ No hazard
- ☐ Access
- ☐ Cords across trafficways
- ☐ Other:

## SPACE

- Hazards: ☐ Not relevant ☐ No hazard
- ☐ Obstacles in trafficways (furnishings)
- ☐ Obstacles in trafficways (objects)
- ☐ Unstable objects used for support
- ☐ Objects reducing space for mobility & manoeuvrability
- ☐ Proximity of walking aid when not in use
- ☐ Lack of colour contrasts
- ☐ Cords across trafficways
- ☐ Other:

## DOORWAYS

- Hazards: ☐ Not relevant ☐ No hazard
- ☐ Access
- ☐ Difficult to open/close
- ☐ Other:

## RAMPS

- Hazards: ☐ Not relevant ☐ No hazard
- ☐ Poor condition of material
- ☐ Steep gradient
- ☐ Slippery
- ☐ Unstable
- ☐ Poor visibility
- ☐ Other:

## STAIRS / ELEVATORS

### APPROACH / DISEMBARKATION

- Hazards: ☐ Not relevant ☐ No hazard
- ☐ Access
- ☐ Obstacles
- ☐ Visibility
- ☐ Other:

## STEPS / STAIRS

- Hazards: ☐ Not relevant ☐ No hazard
- ☐ Slippery/loose surfaces
- ☐ Uneven coverings
- ☐ Tread coverings
- ☐ Deep tread
- ☐ Steps too high/uneven heights
- ☐ Step overhang
- ☐ Narrow stairway
- ☐ Obstacles
- ☐ Poor visibility
- ☐ Step contrasts/visual surrounds
- ☐ Other:

### HANDRAILS – INTERNAL STEPS / STAIRS

	Not relevant	No hazards	Not present	Inadequate position	Inadequate angle	Inadequate diameter	Not secure	Poor condition	Other:
Steps									
Ramps									

## MOBILITY AID

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Aid not appropriate
  - ☐ Poor condition
  - ☐ Other:

## PETS

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Small
  - ☐ Large
  - ☐ Many dogs/cats
  - ☐ Playful/boisterous
  - ☐ Other:

## LIVING AREA

### FURNITURE

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Unstable
  - ☐ Other:

### LAMPS

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Access
  - ☐ Other:

## SEATING

- ☐ Not relevant ☐ No hazard

Indicate relevant area (e.g. lounge, kitchen)

	Too low	Too high	Too soft	No arms	Back too sloped	unstable	Poor access	Splayed legs	Cushions	Other:
1.										
2.										
3.										

## MEDICATION MANAGEMENT

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Access to medications
  - ☐ Difficulty to open / close containers
  - ☐ Reminder aid not in place
  - ☐ Instructions not readable/understandable
  - ☐ Other:

## SAFETY CALL SYSTEM

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ No alarm system / plan of action
  - ☐ Other:

## BEDROOM

### BED

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Too low
  - ☐ Too high
  - ☐ Too soft
  - ☐ Worn mattress
  - ☐ Unstable
  - ☐ Poor access
  - ☐ Difficulty transferring
  - ☐ Unstable furniture used for transferring
  - ☐ Other:

### WARDROBES / CUPBOARDS

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Difficult to open/close
  - ☐ Poor access
  - ☐ Difficulty reaching daily clothing
  - ☐ Other:

### CURTAINS / BED COVERS

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Trailing in trafficways
  - ☐ Other:

### BED LIGHTING

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Not present
  - ☐ Poor access
  - ☐ Other:

### BEDSIDE TELEPHONE

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Poor access
  - ☐ Other:

### COMMUNE

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Poor access
  - ☐ Inadequate height
  - ☐ Other:

## FOOTWEAR

- ☐ Not relevant ☐ No hazard

(E.g. Indoors/outdoors, special occasions, slippers, etc.)

	Improper fit	Open/worn down heel	Slippery heel/sole	High heel	Thickness of soles	Narrow heel	Stocking feet	Other:
1.								
2.								
3.								

## BATHROOM

### LOCATION

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Poor proximity
  - ☐ Hazardous trafficways en route
  - ☐ Other:

### FLOOR SURFACE

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Slippery when wet
  - ☐ Slippery when dry
  - ☐ Slippery mats or curled edges
  - ☐ Worn floor covering
  - ☐ Raised or loose tiles
  - ☐ Other:

### SHOWER RECESS

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Poor access
  - ☐ Narrow doorway
  - ☐ High hob / sill
  - ☐ Slippery floor in recess
  - ☐ Slippery shower mat
  - ☐ Uneven floor surface
  - ☐ Difficulty reaching toiletries
  - ☐ Difficulty reaching taps
  - ☐ Unstable shower chair or stool
  - ☐ Other:

### BATH / OVERHEAD SHOWER

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Unstable bathseat
  - ☐ Narrow bathseat
  - ☐ High sides
  - ☐ Poor access
  - ☐ Slippery bath
  - ☐ Slippery bathmat
  - ☐ Difficulty reaching taps
  - ☐ Difficulty turning water heater on/off
  - ☐ Other:

## TOILET AREA

### LOCATION

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Poor proximity
  - ☐ Hazardous trafficways en route
  - ☐ Inadequate night lighting
  - ☐ Other:

### FLOOR COVERINGS

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Slippery when wet
  - ☐ Slippery when dry
  - ☐ Slippery mats or curled edges
  - ☐ Worn floor covering
  - ☐ Uneven floor surface
  - ☐ Other:

## TOILET

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Poor access
  - ☐ Too low
  - ☐ Too high
  - ☐ Difficulty reaching toilet roll
  - ☐ Difficulty reaching flush
  - ☐ Inadequate lighting in room
  - ☐ Other:

### GRABRAILS – BATHROOM / TOILET

	Not relevant	No hazard	Not present	Inadequate position	Inadequate angle	Inadequate diameter	Inadequate length	Not secure	Poor condition	Other:
Bath										
Shower										
Toilet										

## KITCHEN

### USAGE

- ☐ Not relevant
- ☐ Drink only
- ☐ Light meals
- ☐ All meals

### PROXIMITY OF KITCHEN TO EATING AREA

- Hazards:
- ☐ Not relevant ☐ No hazard
  - ☐ Not directly adjacent to each other
  - ☐ Steps en route
  - ☐ Other:

### KITCHEN WORK AREAS / EQUIPMENT

	Not relevant	No hazard	Poor access	untidy	Working height
Workplace					
Commonly used items					
Power points					
Sink					
Jug/Kettle					
Fridge					
Freezer					
Oven					
Grill					
Hot plates					
Microwave					
Dishwasher					
Other					

## GARBAGE

- Hazards:**
- ☐ *Not relevant*      ☐ *No hazard*
  - ☐ Kitchen tidy access
  - ☐ Taking garbage to bin
  - ☐ Garbage bin access
  - ☐ Garbage bin to street
  - ☐ Other:

## LAUNDRY

### LOCATION

- Hazards:**
- ☐ *Not relevant*      ☐ *No hazard*
  - ☐ Trafficway from house to laundry
  - ☐ Trafficway from laundry to drying area
  - ☐ Poor proximity to house
  - ☐ Poor proximity to drying area
  - ☐ Other:

### WASHING MACHINE

- Hazards:**
- ☐ *Not relevant*      ☐ *No hazard*
  - ☐ Poor access
  - ☐ Other:

### DRIER

- Hazards:**
- ☐ *Not relevant*      ☐ *No hazard*
  - ☐ Poor access
  - ☐ Other:

### CLOTHES LINE

- Hazards:**
- ☐ *Not relevant*      ☐ *No hazard*
  - ☐ Taking washing to line
  - ☐ Poor access
  - ☐ Difficult to set up
  - ☐ Access to pegs
  - ☐ Other: